

LARRY JACOBSON
www.SailIntoRetirement.com



Passion Quiz

FIND YOUR PASSION &
LIVE A PURPOSEFUL LIFE

Find Your Passion and Create a Life of Purpose

With age comes wisdom – or, at least, that's what they say. One thing is sure: many of us who reach a more mature age have come to realize life is precious and finite. Yet, too many people spend their golden years without purpose, slowly inching meaninglessly towards that inevitable “sunset.”

Not you though, and for that, CONGRATULATIONS!

Since you are reading this, it means you are in search of a (more) Purposeful Life. You want to find your passion and live a meaningful life – a life where you are excited to jump out of bed every day, and get out there and truly live.

These questions are designed to help you clarify what you love, what you are passionate about, and help you create a life of purpose.

Take all the time you need, but don't over-think the questions. The answers should come from your gut, from your brain's right side - the emotional part. Answer them without restraint. Be bold with your answers. Let go of cold logic and practicality for a few minutes. Instead, think about emotions like happiness, satisfaction, purpose, fulfillment, joy, and pride.

READY... SET...

GO

Passion Quiz - Larry Jacobson

1. What makes you smile?
2. What makes you leap out of bed in the morning (without coffee)?
3. We all find ourselves in moments when we feel most alive - almost invincible. What activity, or activities, make you feel like that?
4. What do people thank you for most often?
5. On what subject(s) do people (often) ask you for advice?
6. What are you really good at doing? What are your precious gifts? *
Include the gifts or strengths that come naturally to you - some of which you might even take for granted (skills, knowledge of a specific topic, great public speaking skills, great listener, etc.)

Passion Quiz - Larry Jacobson

7. Who do you look up to? Who do you see as your mentors? Who inspires you? Why?

8. When was the last time you over-delivered on something... and did so joyfully? What was it, and why did you work so hard to make it happen?

9. When was the last time you were in a state of flow, in the zone, and totally lost track of time? What were you doing?

10. Imagine you won a huge fortune in the lottery. How would you spend the rest of your life? Would it be different than how you currently see your future unfolding?

11. What would you do if you knew you could not fail?

Passion Quiz - Larry Jacobson

12. What topics do you find yourself passionately arguing or defending with others on a regular basis?

13. What are you most afraid of for the next generation (whether you have kids or not)?

14. What do you love helping people with? How do you most commonly help others?

15. What's your favorite section in the bookstore? What's the first magazine you pick up at the newsstand?

16. When was the last time you couldn't fall asleep because you were so excited about a project or event? What was it?

17. If you trusted that your art, writing, singing (your creativity) would support your life financially, how would you live? Richly, sparsely, where?

Passion Quiz - Larry Jacobson

18. If you didn't need to work for income, where would you put your time and energy to contribute to society?

19. Of all the work roles you've had in your life, what would you gladly do for free?

20. If you were able to attend your own funeral, what would you want to hear people say? What would you like your epitaph to say?

21. What do you want to be remembered for - what mark do you want to have put on the world?

22. What do your friends always tell you you'd be good at, that you should do for a living (i.e. "he'd make a great...")? If you don't remember, ask them.

Passion Quiz - Larry Jacobson

23. What are you naturally curious about?

24. When you have a free hour to surf the Internet, what do you explore?

25. Think back to when you were 5 or 10 years old. What did you want to be when you grew up? What skills and metaphors do these represent? (i.e. "becoming a pilot" might represent freedom and exploration)

26. If you could write a book to help the world – a book guaranteed to become a best-seller - what would the topic be and what would you title it?

27. What careers do you dream about? What jobs do others have that you wish were yours?

28. If you were to begin volunteering your time tomorrow, what cause or group would you choose?

29. What change do you want to see in the world? What revolution would you be proud to lead?

Let's Put it All Together

As you answered the questions, did you notice any patterns, similar responses, repeated words, themes, and direction? Below, jot down your Number 1 Answer for each of the areas below.

Look back through your answers, and specifically look for common threads and answers that “jump out at you” – perhaps even give you an “A-ha! Moment.”

a) What recurring “theme” do you notice about your Top Desires?
(See questions #: 7, 15, 20, 21, 26)

Jot down your top answer/s here: _____

Passion Quiz - Larry Jacobson

b) What is the one thing – or the top 2 to 3 things – that you've always wanted, but perhaps did not (fully) make it happen?

(See questions #: 2, 20, 21, 23, 24)

Jot down your top answer/s here: _____

c) What are you really good at? (See questions #: 4, 5, 6, 8, 14, 22)

Jot down your top answer/s here: _____

d) What makes your heart race? What drives you? What are the TOP 2 TO 3 of these that you'd REALLY LOVE to spend your time with in the future?

(See questions #: 1, 3, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 26, 27, 28, 29)

Jot down your top answer/s here: _____

Passion Quiz - Larry Jacobson

e) What successes have you had in the past?

(See questions #: 4, 6, 8, 9, 14, 16, 19, 22)

Jot down your top answer/s here: _____

NEXT, take your Top Answers from each area and plug them into
THE FORMULA FOR YOUR ENCORE

First, let's create a clear VISION – a direction you'd like to see your life moving towards. Take your answers from the previous page, and insert them here:

a) _____ + b) _____ = **YOUR VISION**
Your Top Desires Your Top "Wants," Goals, & Dreams

Based on this, let's start working on your vision statement.

For example, if your top "desire" (a) is to feel free – perhaps travel a lot; and your top "wants, goals, and dreams" (b) is to write a book on a topic that's close to your heart; then speak regularly in front of large crowds... then your vision statement could be:

Passion Quiz - Larry Jacobson

I'll spend the next years of my life traveling, hiking, climbing as many mountains as I can; and spend at least an hour a day writing my book on my Passion Topic... Even before the book is done, I'll volunteer to speak at conferences and events... and will contact organizations that will be willing to pay \$1000.00's for my presentations & keynotes.

NOTE: This is your Vision Statement – it does not have to be pretty – it simply has to state what you'd love your life to look like during the many years you still have to walk this earth!

Write Your VISION STATEMENT here:

Next, let's pinpoint your **PASSION**:

Take a look at your answers in the d) section, on the previous page – what is your top item that stands out? Or if there are 2 or 3 that really stand out, jot them down here:

I Feel Really Passionate About: _____

And, finally, let's identify your **TOP SKILLS**:

Take a look at your answers in the c) and e) sections – what is your top item that stands out? Or if there are 2 or 3 that really stand out, jot them down here:

I am really good at: _____

Once you have a clear Vision, know your top Passions, and pinpointed your top Skills, you now have the power to create your "Grand Encore" – a plan for how you'll live a Purposeful & Passion-filled retirement.

Formula To Find Your Encore

**Your Vision
(what you want)**

+

**Your Passions
(what you like)**

+

**Your Skills Knowledge, and Wisdom
(what you have)**

=

Your Encore

Passion Quiz - Larry Jacobson

Now that you are clear about your passion, and have a clear vision on how you want to spend the next few decades of your life, my challenge to you is to:

- COMMIT to transforming your vision a reality.
- PLAN – use an electronic or paper planner, and jot down small implementable steps that'll take you towards your vision.
- DECIDE to take DAILY ACTION on that plan!
- JOIN LIKE-MINDED PEOPLE – It's easier to make it happen, if you do it together with others who are walking the same exploratory path.
- ASK FOR HELP, whenever needed! You can support others with your strengths, and even get paid for it. And remember that others love to help too; there are people who have the answers you are seeking. Give them a chance to mentor and support you
- GET AN ACCOUNTABILITY PARTNER or COACH – Share with someone what you are up to, and enlist them to hold you accountable to making it happen; or if you are really committed, hire a personal coach to hold you accountable. Coaches are great, as they'll also help you stay motivated and overcome real or perceived obstacles standing in your way. [Click HERE](#) if you'd like help finding an Accountability Coach!



CONTINUED ON NEXT PAGE...

Get the Help You Need to FIND YOUR PASSION & LIVE A PURPOSEFUL LIFE

If you would like guidance to help you unearth your true passion and start living a purposeful life, there are options available to you:

1. Go through the Sail Into Retirement – Award-Winning Video Course!

The screenshot shows a web browser window displaying the 'Sail Into Retirement' member portal. The URL is <https://sailintoretirement.memberportal.io/site/93388/235143/introduction-to-sail-into-retirement>. The page features a navigation bar with 'Connect on Facebook', 'Goal-Achievement Coaching', and 'Welcome Tom'. A sidebar on the left lists course modules: 'Introduction to Sail', 'Lesson 1.1: Visioning', 'Lesson 1.2:', 'Lesson 1.3: Anchor Your', and 'Lesson 1.4: Tap Into'. A 'My Scoring' section shows 'No Badges Earned Yet' and 'No Goals To Complete'. The main content area is titled 'Introduction to Sail Into Retirement' and features a video player with a play button and the text 'DIGITAL ACTION GUIDE YouTube'. Below the video is a 'Meet Your Retirement Navigator' section with a 'Welcome to Sail Into Retirement!' message and a congratulatory note: 'Congratulations on investing in yourself. This program is going to provide the missing link in planning your retirement years. Every step of this...'. To the right, there is a 'Lesson 1.1: Visioning Your Dream' section with 'COMING UP' and 'Lesson 1.1: Visioning Your Dream' text, and buttons for 'Previous' and 'Next'. A '+ ACTION GUIDE & RESOURCES' button is also visible. The background of the page shows a sailboat on the water.

Explore Larry Jacobson's [Self-Guided Video Course](#) to help you Plan and Live a Purposeful Life. Visit www.SailIntoRetirement.com for complete details!

NOT JUST FOR RETIREES

[SAIL INTO RETIREMENT](#) is not just for retirees, as it's designed to help anyone who:

- Is looking for Meaning or Purpose for their life
- In transition, wanting to adjust and flourish in the new environment
- Looking for their calling
- Approaching retirement age, and want to make sure to have a smooth transition – avoid retirement “blues”; plan a fun and purposeful retirement now

[Click HERE](#) to read the complete details!

2. Get a Personal Coach to Support You

If after completing the Passion Quiz, if you still can't clearly see your passion, you may wish to have some assistance. It's not unusual to be stuck and **it's my job to get you unstuck.**

I'm confident I can help you dig deep to reveal what drives you so you can make your next act in life your best yet. Contact me [HERE](#) and apply for a free 30-minute one-on-one Passion Discovery session. There's no catch and I'm confident I can help you right on that call.

Should you wish to discuss VIP Personal Coaching, please contact me [HERE](#) soon, as I only take a very limited number of one-on-one clients. During our coaching sessions, we “dig deep” and put a lot of time, effort, and thought into helping you get the results you seek. And we WILL get results OR you can request 100% of your money back*!

*** 30-Days 100% Money-Back-Guarantee!**

So Why Not Go For It! You have nothing to lose – only to gain!

You either see results, or request a full refund. My goal is to help Find Your Passion and Live Your Passion – if I can't help you, that means I did not earn my fee.

Click [HERE](#) to Get Started!



Here's to living with passion!



Larry Jacobson

Your Chief Retirement Navigator
Retirement Lifestyle-Planning Coach

www.SailIntoRetirement.com

www.LarryJacobson.com